

OBJECT LESSON OR KIDS SERMON

ITEMS NEEDED:

Clock with hands

Cell phone

For most of the United States, twice a year we do a little time travel. In the fall, the clocks move back one hour. That means when it's 2 o'clock, it suddenly becomes 1. In the spring, the clocks move forward one hour. So if it's 2 o'clock, the time suddenly changes to 3. We call this daylight saving time. It was a system that was created to help farmers have more sunlight during the day to get their work done.

Show the kids the clock.

When daylight saving started, everybody had clocks like this. To record the time change, you had to physically go up to the clock and change the time.

Demonstrate.

If you forgot to, it would throw your whole day off. You would get to school an hour late, or maybe an hour early. All of your appointments would be thrown off until you remembered to go in and change your clocks.

Show the kids your cell phone.

Some of you may still have clocks like that in your house, but most of us also have cell phones. Cell phones and certain digital clocks know when daylight saving begins and ends, and they change their time automatically. There's no need for you to do anything. It takes care of itself – no worries.

Many of us worry about time. We have so much to do in a day – school, homework, sports, more homework, family responsibilities, even more homework. Sometimes it can seem like there isn't enough time in the day.

But God wants our attitude to be like a cell phone during daylight saving time. It's nothing to worry about. God has got everything under control. He has given us enough time to do all that we need to do. We just need to love him and trust him.

Jesus said to seek first the kingdom of God and everything else would be given to us as well. No need to worry. No need to fret. God's got it all taken care of – automatically, like a cell phone giving us one more hour in the day.