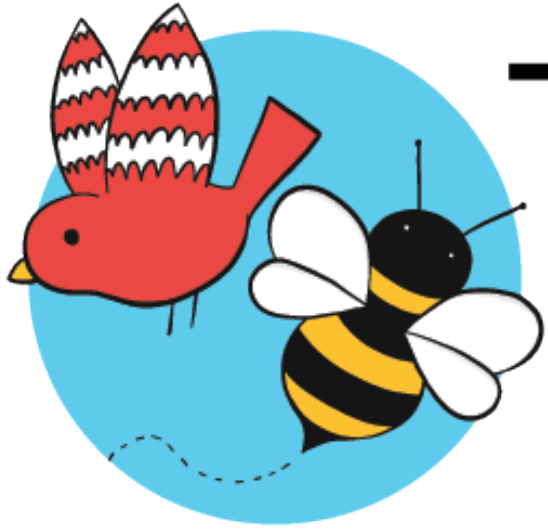




Equipping generations for powerful conversations





THE CHAT 101

Empowering parents to talk about sex



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Empowering parents to talk about sex

GUESS THE SONG



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SEX IS GREAT



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Empowering parents to talk about sex

1. Why do we need to talk about it?



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Empowering parents to talk about sex

A new imperative



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Empowering parents to talk about sex

A new imperative
Our sexual landscape



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Empowering parents to talk about sex

A new imperative
Our sexual landscape
The media



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The porn industry



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The law of first mention



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The porn industry
The law of first mention



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2. Who needs to talk about it?



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3. How should I walk about it?



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Dismantle your myths



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Dismantle your myths
Have a game plan



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Dismantle your myths

Have a game plan

Engage (even when you wish the ground would swallow you)



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THE CHAT 101

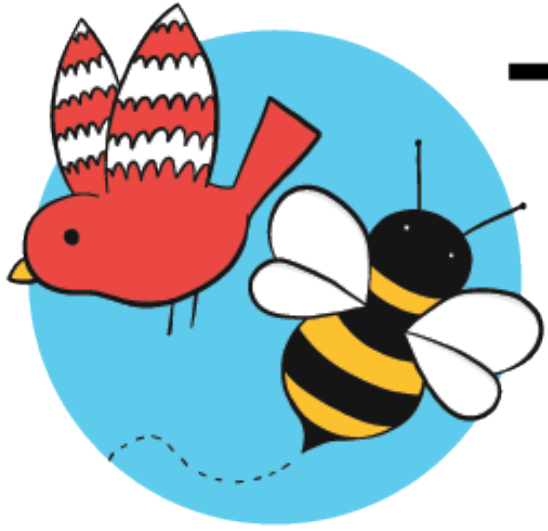
Empowering parents to talk about sex

Dismantle your myths

Have a game plan

Engage (even when you wish the ground would swallow you)

Keep things positive



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4. When should I talk about it?



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AGE GUIDE

2-3 years old - how to start



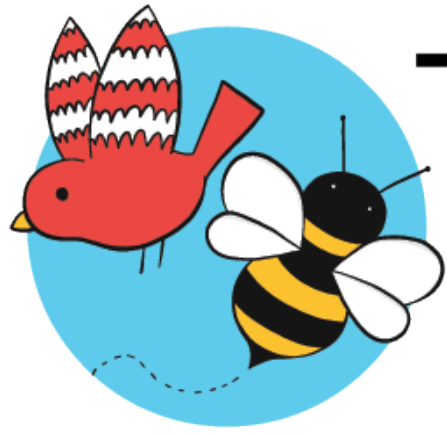
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AGE GUIDE

2-3 years old - making a start

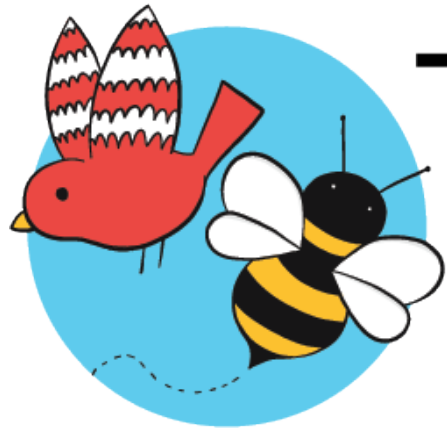
4-5 years old - magical thinkers



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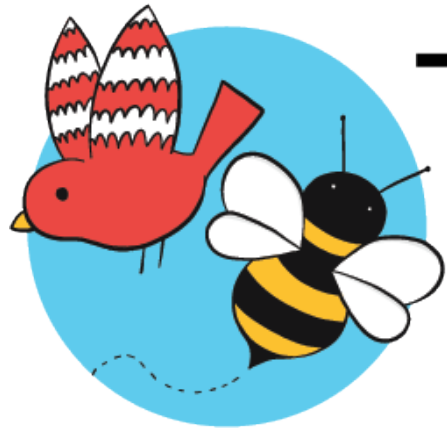
AGE GUIDE



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Tips for talking to teens

The What

Identity

Courage vs self-preservation

Love vs lust

Casual sex is an oxymoron

There is always a way home (and I will walk you there)

There is nothing we can't talk about



The How

Start early (or play catch-up)

Deal with your stuff

Push past the discomfort

Connection and unconditional love

Secure but not judgmental

Vision not fear

Intentionality and repetition

Listen and discuss

Use the media





Equipping generations for powerful conversations

MORE RESOURCES

www.thechat.co.za

- Safe Surfer App
- Free downloadables
- Chat recordings

@thechatdurban

www.common sense media.org

