



HOW WE VIEW THE WORLD

Dualistic Worldview

MIND

BODY



HOW WE VIEW THE WORLD

Integrated Worldview

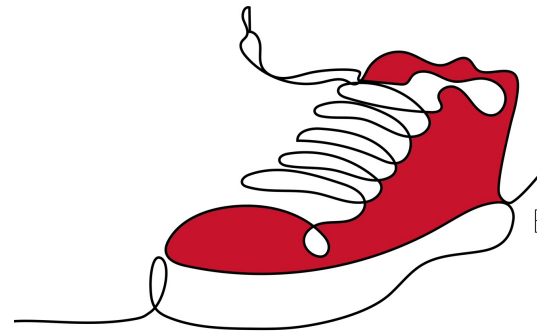
**MIND
&
BODY**



TERMINOLOGY

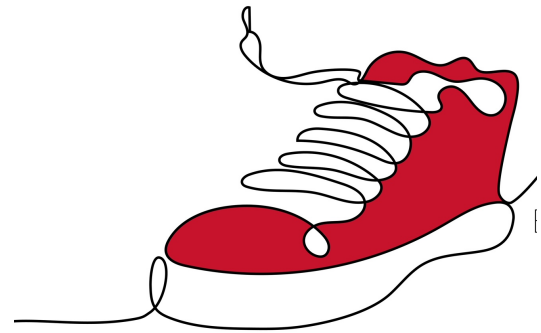
SEX - the state of being
biologically male or female.

Now referred to as birth sex or
assigned sex.



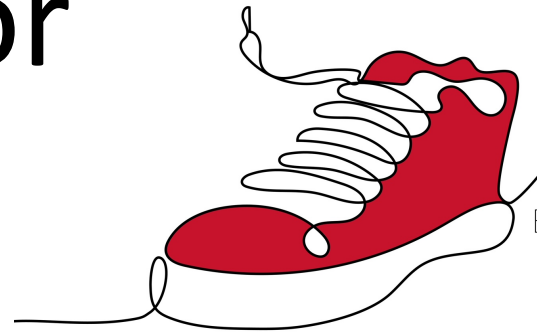
TERMINOLOGY

GENDER – the internal feelings, characteristics and societal roles from biological sex.



TERMINOLOGY

GENDER IDENTITY – This refers to how individuals see themselves internally, regardless of their biological sex, defined as one's internal sense of being a male or female, man or woman.



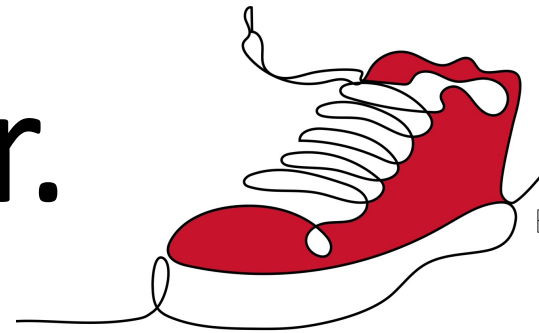
TERMINOLOGY

GENDER DYSPHORIA – the current psychiatric term for those who are distressed by strong cross-gender identification, which usually begin in early childhood.



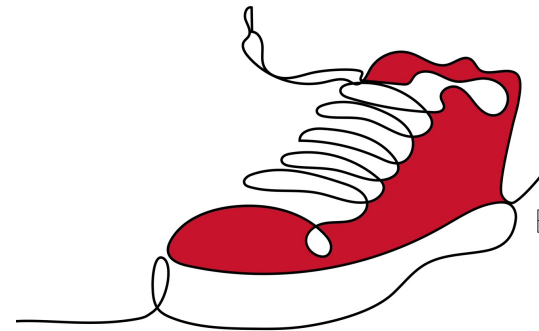
TERMINOLOGY

CISGENDER/GENDER
CONFORMITY – People who
are comfortable with their
birth sex and identify
themselves as that gender.



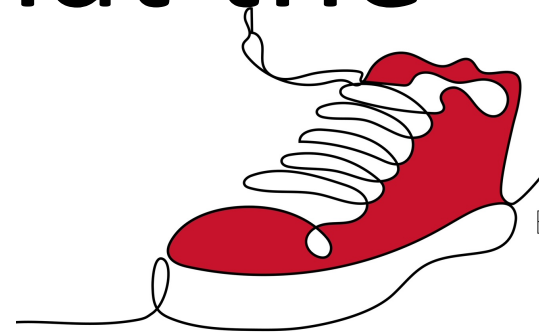
TERMINOLOGY

TRANSGENDER – people who feel the sex they were ‘assigned’ at birth is a false or incomplete description of who they are psychologically.



TERMINOLOGY

TRANSITIONING – A person who identifies with a gender different from his or her biological sex and who undergoes surgery so that the two will correspond.



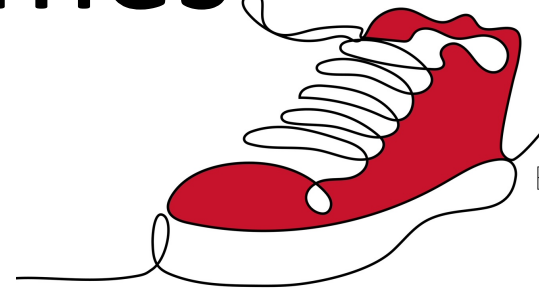
TERMINOLOGY

DE-TRANSITIONING – Some transgender people decided to stop or reverse the process of transgender identification or gender transition, whether by social, legal, or medical means.



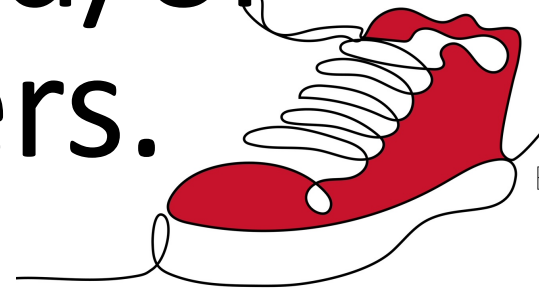
TERMINOLOGY

INTERSEX – A congenital, biological condition where an individual has ambiguous or indeterminate genitalia, or where there is a discord between a person's chromosomes and bodily sex.



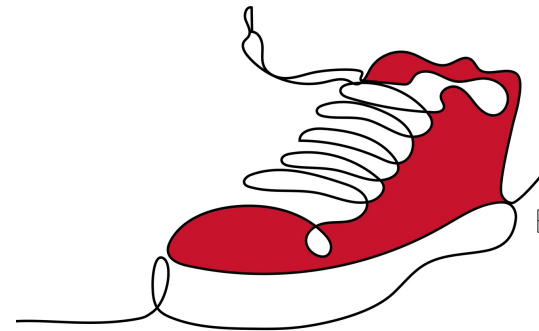
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SEXUAL ORIENTATION – Sexual orientation is not necessarily related to a person's gender identity. It refers to an individual's physical/sexual, romantic and/or emotional attraction to others.



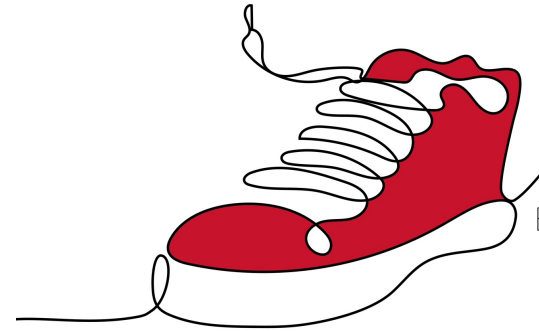
RED FLAGS

- The trans-gender craze



RED FLAGS

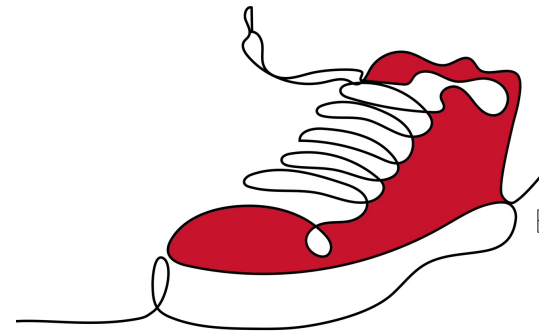
- The trans-gender craze
- A generation in pain



- Teen suicide increased by 25% between 2009 and 2017
- Teens diagnosed with clinical depression rose by 37% between 2005 and 2014
- Self-harm among teenage girls has spiked by 62% since 2009
- Self-harm among pre-teen girls (aged 10-14) is up 189% since 2010

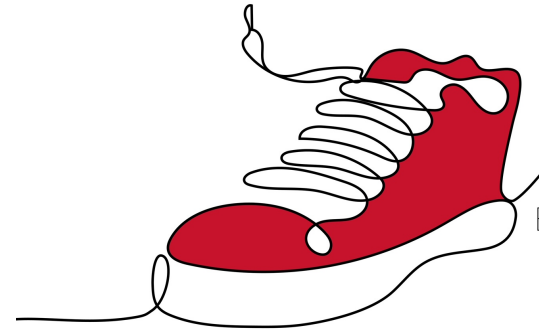
RED FLAGS

- The trans-gender craze
- A generation in pain
- Online friends, 'family' & gurus



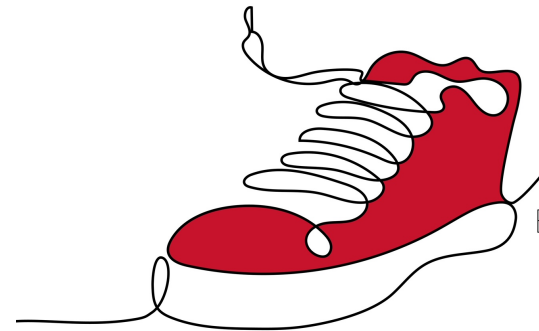
RED FLAGS

- The trans-gender craze
- A generation in pain
- Online friends, 'family' & gurus
- Affirmative care



The world stage

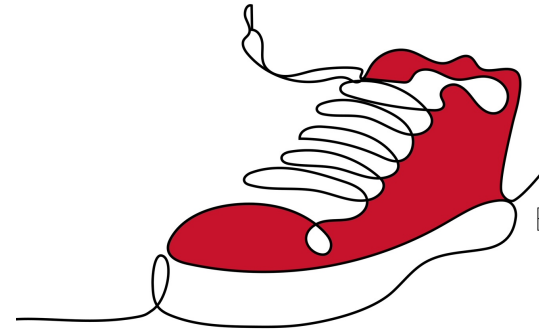
- What do I call you?





The world stage

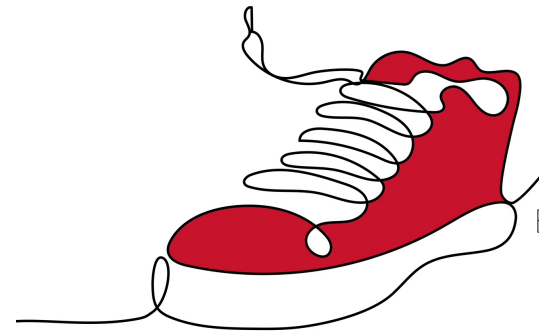
- What do I call you?
- Be a sport





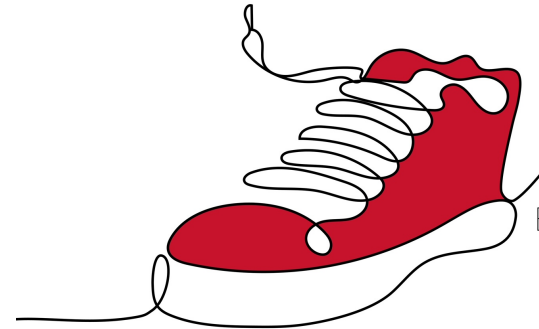
The world stage

- What do I call you?
- Be a sport
- It's my right



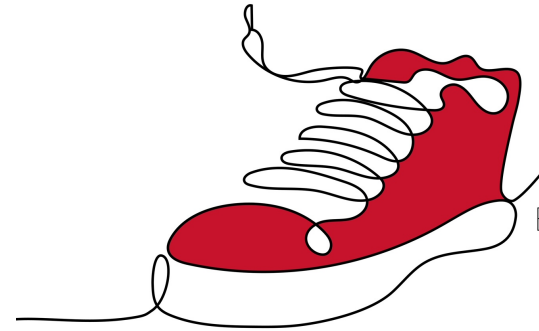
The world stage

- What do I call you?
- Be a sport
- It's my right
- A mental health crisis in the making



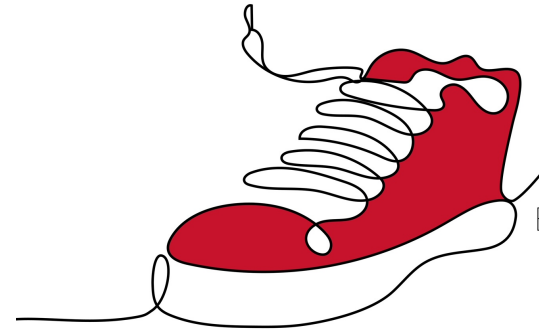
HOW CAN I HELP?

- Affirm their bodies



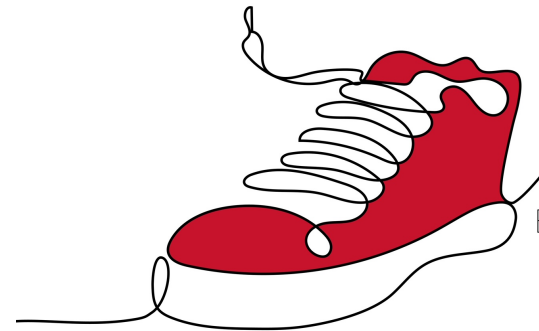
HOW CAN I HELP?

- Affirm their bodies
- Beware of stereotypes



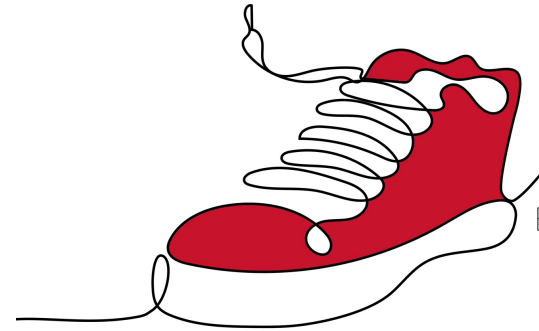
HOW CAN I HELP?

- Affirm their bodies
- Beware of stereotypes
- Help them embrace their season



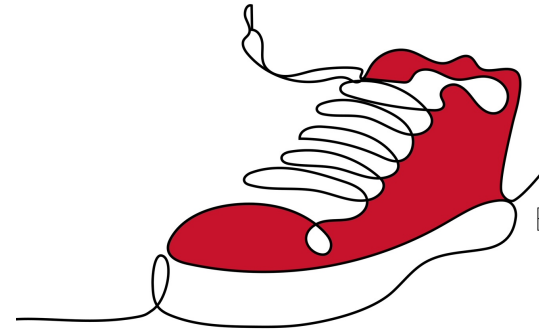
HOW CAN I HELP?

- Affirm their bodies
- Beware of stereotypes
- Help them embrace their season
- Proximity and presence



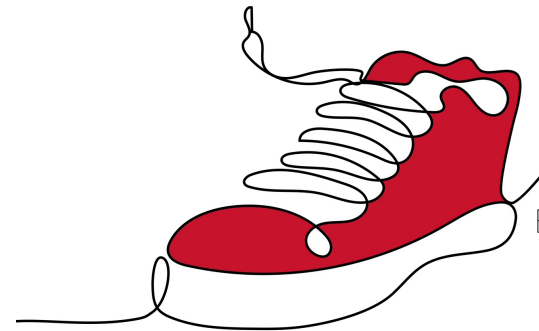
HOW CAN I HELP?

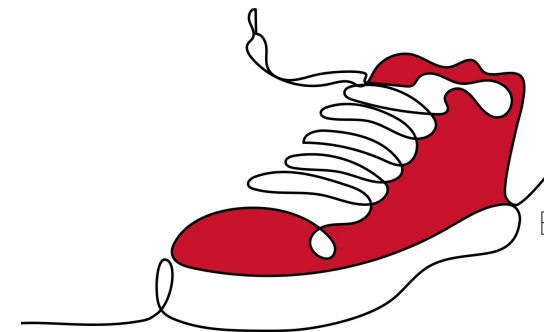
- Affirm their bodies
- Beware of stereotypes
- Help them embrace their season
- Proximity and presence
- Lead in love



HOW CAN I HELP?

- Affirm their bodies
- Beware of stereotypes
- Help them embrace their season
- Proximity and presence
- Lead in love
- Conviction & compassion





“ I wish I’d partied a little less. People always say ‘be true to yourself.’ But that’s misleading, because there are two selves. There’s the short term self, and there’s your long term self. And if you’re only true to your short term self, your long term self slowly decays.”

